



Michael ANDERSON

THERAPEUTIC RECREATION SPECIALIST

Dedicated and passionate Adventure Recreation Consultant with a strong background in therapeutic recreation and outdoor education. Committed to using adventure-based activities as a means of promoting mental health, wellness, and personal growth. Extensive experience in working with diverse populations, including individuals with disabilities and mental health challenges. Proven ability to design inclusive programs that foster community engagement and enhance participant well-being.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Therapeutic Recreation
- Program Design
- Inclusion Strategies
- Team Facilitation
- Community Partnerships
- Participant Assessment

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF SCIENCE IN RECREATION
THERAPY, WELLNESS UNIVERSITY**

ACHIEVEMENTS

- Increased program participation by 35% through outreach and community engagement.
- Awarded 'Best Therapeutic Program' by the National Recreation Association.
- Developed a mentorship initiative that improved participant outcomes by 25%.

WORK EXPERIENCE

THERAPEUTIC RECREATION SPECIALIST

Healing Trails Therapy Center

2020 - 2025

- Designed and implemented therapeutic adventure programs for individuals with disabilities.
- Conducted assessments to tailor activities to individual needs and goals.
- Facilitated group sessions that promoted social interaction and teamwork.
- Trained staff on best practices for inclusive recreation.
- Developed partnerships with local organizations for program enhancement.
- Monitored participant progress and adjusted programs accordingly.

OUTDOOR EDUCATION INSTRUCTOR

Nature's Classroom

2015 - 2020

- Led outdoor education programs focusing on environmental awareness and personal growth.
- Created engaging curricula that integrated adventure activities with learning objectives.
- Maintained a safe and inclusive environment for all participants.
- Evaluated program effectiveness through participant feedback and assessments.
- Collaborated with schools to develop field trip programs.
- Organized community events to promote outdoor engagement.