



# MICHAEL ANDERSON

## Health Education Specialist

Focused Adult Education Educator with a specialization in health education. Over 15 years of experience in teaching adult learners about health literacy, wellness, and disease prevention. Proven ability to develop and implement engaging curricula that promote healthy lifestyles and informed decision-making. Strong communicator with experience in conducting workshops and seminars that reach diverse populations.

### CONTACT

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- San Francisco, CA

### EDUCATION

**Master of Public Health**  
University of Health Sciences  
2011

### SKILLS

- Health Education
- Curriculum Development
- Community Outreach
- Wellness Promotion
- Program Evaluation
- Adult Learning

### LANGUAGES

- English
- Spanish
- French

### WORK EXPERIENCE

**Health Education Specialist** 2020-2023  
Wellness Community Center

- Developed and led health education programs that reached over 500 adult participants annually.
- Utilized various teaching methods, including hands-on workshops and online resources, to enhance learning.
- Conducted assessments to evaluate program effectiveness and participant engagement.
- Collaborated with local health organizations to provide resources and support to participants.
- Organized community health fairs to promote wellness and healthy living.
- Facilitated support groups for adults dealing with chronic illnesses, fostering community connections.

**Adult Education Instructor** 2019-2020  
City Health Department

- Taught classes on nutrition, exercise, and wellness for adults seeking to improve their health.
- Developed curriculum that aligned with public health initiatives and community needs.
- Implemented interactive learning activities that encouraged participant involvement and discussion.
- Conducted pre- and post-assessments to measure knowledge gain and behavior changes.
- Collaborated with healthcare professionals to provide comprehensive resources and support.
- Participated in health education conferences to enhance professional knowledge and skills.

### ACHIEVEMENTS

- Increased program participation by 60% through targeted outreach and engagement strategies.
- Received 'Outstanding Educator Award' for excellence in health education in 2020.
- Developed a health literacy program that improved participant knowledge by 50% as measured by assessments.