



MICHAEL ANDERSON

Rehabilitation Activities of Daily Living Assistant

Innovative and skilled Activities of Daily Living Assistant specializing in rehabilitation and recovery support. Extensive experience in assisting clients recovering from surgeries and injuries, focusing on regaining independence and functionality. Proficient in developing and implementing rehabilitation programs tailored to individual client needs. Demonstrated ability to motivate clients through positive reinforcement and goal setting.

CONTACT

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San Francisco, CA

EDUCATION

Associate Degree in Rehabilitation Services

State College
2017

SKILLS

- rehabilitation support
- motivation
- communication
- collaboration
- adaptability
- documentation

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Rehabilitation Activities of Daily Living Assistant

2020-2023

Recovery Solutions

- Supported clients recovering from surgeries by assisting with daily living activities.
- Implemented individualized rehabilitation programs in collaboration with therapists.
- Monitored client progress and adjusted care plans based on recovery goals.
- Encouraged clients through positive reinforcement and motivation techniques.
- Documented client progress and reported changes to healthcare teams.
- Engaged clients in physical activities to promote mobility and strength.

Activities of Daily Living Assistant

2019-2020

Wellness at Home

- Provided assistance with personal care and daily living tasks for clients.
- Collaborated with rehabilitation teams to create comprehensive care strategies.
- Facilitated communication between clients and healthcare providers.
- Maintained accurate documentation of client care and progress.
- Encouraged client participation in therapeutic activities to enhance recovery.
- Participated in ongoing training to improve rehabilitation support skills.

ACHIEVEMENTS

- Achieved a 90% client recovery satisfaction rate in annual evaluations.
- Recognized for outstanding performance with the Rehabilitation Excellence Award in 2021.
- Successfully implemented a new rehabilitation tracking system that improved outcomes.