



MICHAEL ANDERSON

LEAD ACTIVITIES OF DAILY LIVING ASSISTANT

CONTACT

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SKILLS

- geriatric care
- rehabilitation
- communication
- teamwork
- empathy
- adaptability

LANGUAGES

- English
- Spanish
- French

EDUCATION

ASSOCIATE DEGREE IN NURSING,
COMMUNITY COLLEGE, 2016

ACHIEVEMENTS

- Achieved a 98% client satisfaction score in annual evaluations.
- Recognized for outstanding service with a Caregiver Excellence Award in 2019.
- Reduced client hospital readmission rates by 15% through effective care management.

PROFILE

Proficient and results-oriented Activities of Daily Living Assistant with a robust background in geriatric care and rehabilitation support. Focused on promoting the dignity and independence of clients while delivering tailored assistance in daily activities. Expert in fostering a supportive environment that encourages emotional and physical well-being. Demonstrated ability to work collaboratively with multidisciplinary teams to create comprehensive care plans.

EXPERIENCE

LEAD ACTIVITIES OF DAILY LIVING ASSISTANT

Heritage Home Health

2016 - Present

- Oversaw care for a caseload of 20 clients, ensuring personalized attention and support.
- Conducted in-home assessments to determine client needs and develop care plans.
- Trained new staff on care procedures and compliance with health regulations.
- Organized community outreach events to promote health and wellness among seniors.
- Maintained accurate records and documentation for client care and progress tracking.
- Collaborated with healthcare providers to coordinate comprehensive care for clients.

ACTIVITIES OF DAILY LIVING ASSISTANT

Amedisys

2014 - 2016

- Provided daily assistance with personal hygiene, grooming, and meal preparation.
- Engaged clients in therapeutic activities to enhance mental engagement and mobility.
- Monitored and documented changes in client health and reported to supervisors.
- Supported clients in medication management and adherence to prescribed regimens.
- Fostered a positive environment through effective communication and emotional support.
- Participated in ongoing training to enhance caregiving skills and knowledge.