



# Michael ANDERSON

## MOVEMENT-BASED ACTING COACH

Innovative acting coach specializing in contemporary performance techniques, with a focus on integrating movement and physicality into acting. With over eight years of experience, this professional has developed methods that enhance actors' physical expressiveness and emotional connectivity on stage. Known for an adaptive coaching style that caters to the diverse needs of performers, fostering a creative and dynamic learning environment.

### CONTACT

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- 📍 San Francisco, CA

### SKILLS

- movement techniques
- physical expressiveness
- contemporary acting
- creative collaboration
- performance evaluation
- artistic risk-taking

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**BACHELOR OF FINE ARTS IN THEATER,  
CALIFORNIA INSTITUTE OF THE ARTS**

### ACHIEVEMENTS

- Created a movement workshop series that attracted over 100 participants.
- Coached students who received scholarships to prestigious acting schools.
- Awarded 'Innovative Coach of the Year' by the Contemporary Arts Society in 2022.

### WORK EXPERIENCE

#### MOVEMENT-BASED ACTING COACH

Creative Arts Collective

2020 - 2025

- Conducted movement workshops that explored the relationship between body and emotion.
- Designed unique exercises to enhance physical awareness in performance.
- Collaborated with choreographers to integrate dance elements into acting.
- Facilitated group sessions that encouraged exploration of physicality in character portrayals.
- Provided individualized coaching to help actors embody their roles physically.
- Encouraged experimentation with movement to build confidence and spontaneity.

#### ACTING COACH

Dynamic Theater Workshop

2015 - 2020

- Developed curriculum focused on contemporary acting styles and techniques.
- Taught students how to incorporate physicality into character development.
- Organized performances that highlighted the integration of movement and acting.
- Evaluated student performances, focusing on physical expression.
- Promoted a collaborative atmosphere where students could share ideas and techniques.
- Facilitated discussions on the evolution of acting in contemporary theater.